

BREAKFAST

K-8 MENU

JUNE

2026

SUMMER School

Monday	Tuesday	Wednesday	Thursday	Friday
1 WG Cereal 30g Graham Cracker 11g Fresh Fruit 25g	2 Donut 23g Applesauce 17g Fruit Juice 20g	3 WG Muffin 30g Cheez-it 14g Fresh Fruit 25g	4 WG Cereal Bar 30g Graham Cracker 11g Fresh Fruit 25g	5 Bagel 33g Applesauce 17g Fruit Juice 20g
8 WG Cereal 30g Graham Cracker 11g Fresh Fruit 25g	9 Donut 23g Applesauce 17g Fruit Juice 20g	10 WG Muffin 30g Cheez-it 14g Fresh Fruit 25g	11 WG Cereal Bar 30g Graham Cracker 11g Fresh Fruit 25g	12 Bagel 33g Applesauce 17g Fruit Juice 20g
15 WG Cereal 30g Graham Cracker 11g Fresh Fruit 25g	16 Donut 23g Applesauce 17g Fruit Juice 20g	17 WG Muffin 30g Cheez-it 14g Fresh Fruit 25g	18 WG Cereal Bar 30g Graham Cracker 11g Fresh Fruit 25g	JUNE 19 JUNE TEENTH FREEDOM DAY
22 WG Cereal 30g Graham Cracker 11g Fresh Fruit 25g	23 Donut 23g Applesauce 17g Fruit Juice 20g	24 WG Muffin 30g Cheez-it 14g Fresh Fruit 25g	25 WG Cereal Bar 30g Graham Cracker 11g Fresh Fruit 25g	26 Bagel 33g Applesauce 17g Fruit Juice 20g



Carb grams indicated in **ORANGE**.
 Milk is offered with each meal: 1% White Milk 12g OR Fat Free Chocolate 24g
 USDA is an equal opportunity provider, employer, and lender.
 Menu is subject to change based on food availability or unforeseen school closures.

Fig's Café & Catering Services
 Contact: Melissa Bryant 614.747.0196